

**Ghormley Meadow Christian Camp**  
**Challenge Course and Adventure Programs**  
*ACKNOWLEDGMENT OF RISK AGREEMENT*

**AS A PARTICIPANT / PARENT OR GUARDIAN I UNDERSTAND THAT:**

1. **FITNESS** - Ghormley Meadow Christian Camp cannot make a determination of a participant's fitness for an event in the adventure and related programs; rather, the participant represents to GMCC and verifies that they are physically and mentally fit and ready for an event. It is important to discuss all medical conditions and/or physical activity concerns with a GMCC Staff member prior to participation in all activities. All information given will be held in strict confidence.

2. **DRESS** - All participants are required to wear closed toe, tie-on shoes. For both *safety* and *modesty's* sakes, please come dressed appropriately by wearing comfortable clothing, including a shirt that can be tucked in. No tank tops, excessively loose clothing, shirts with bare backs, or tube tops should be worn. Long pants are suggested, but if you wear shorts, make sure they are long shorts. Please come prepared to remove all jewelry, (including body jewelry.). For specific events (such as water activities), alternate clothing may be required.

3. **THE PROGRAMS** - In consideration of being permitted to participate in the adventure course of GMCC, the participant is aware that the program may involve a variety of activities including, but not limited to, low and high challenge course elements, water activities, backcountry events, mountain biking, climbing, or similar, and is aware of the physical and emotional risks inherent in the participation in such activities and in the use of GMCC equipment and facilities.

4. **PARTICIPATION** – The participant is aware that the nature of the Program requires physical and mental challenges and is willing to participate, and has been advised of the voluntary nature of the program and is aware that he or she may decline to participate in this program, or any part of this program, if he or she so chooses. The participant understands and acknowledges that his or her failure to disclose relevant information, or failure to follow the directions of the GMCC staff may result in harm to the participant and/or others during an event. The participant approves and releases to GMCC the use for any purpose of any photographic or video recorded image of the participant listed below.

5. **MEDICAL** – The participant and/or guardian gives permission for transportation to any medical facility or hospital, and to authorize any qualified instructor or medical personnel to render necessary emergency medical care for the participant listed below in the event of a medical emergency.

I, the undersigned as participant and/or parent or guardian of the named participant, have read and voluntarily sign this agreement.

PARTICIPANT (print name) \_\_\_\_\_

PARTICIPANT SIGNATURE \_\_\_\_\_

DATE \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent or legal guardian must sign below for any participants under 18 years of age.

PARENT OR GUARDIAN (print name) \_\_\_\_\_

PARENT OR GUARDIAN SIGNATURE \_\_\_\_\_

DATE \_\_\_\_/\_\_\_\_/\_\_\_\_